



[www.LifeGuardStructures.com](http://www.LifeGuardStructures.com)

# OWNER'S MANUAL



# Personal Safety Products

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# GETTING STARTED

Before we start, congratulations on your wise choice of a LifeGuard! You have joined a growing group of people taking a proactive and responsible approach towards their own safety and the safety of others. Purchasing a LifeGuard gives you and the people you care about the peace of mind that comes with receiving the finest level of personal hazard mitigation on the market today. Now let's get started.

## PLEASE READ ALL WARNINGS BEFORE GETTING STARTED

This device is designed to provide protection from most, but not all hazards possible in a catastrophic event, such as an earthquake. This device does not provide fire and smoke protection, and may prove fatal if used as such. LifeGuard cannot guarantee that use of this product, under any circumstance, will prevent injury or death, as it is not possible to mitigate against all possible scenarios.

However, used properly, this desk may greatly increase the chance of survival in a catastrophic event such as an earthquake. Tampering with, or removal of safety equipment, supplies and survival necessities may result in serious injury or death. Proper training in the use, care and maintenance of emergency supplies within the LifeGuard is paramount, and can greatly increase the user's chance of survival during a prolonged rescue operation.

Do not store or place ANY extra items inside the LifeGuard, as this could hinder, slow, or deny a person access, greatly compromising safety and intended use.

This device is intended to hold one (1) person or the number of persons identified on the unit. Safety and survival may be diminished by exceeding designated capacity.

Use safety whistle or tap on desk to signal for help. Do not shout, yell or cry out, as this may cause the inhalation of excessive dust and could cause asphyxiation. During an earthquake, dust which could contain asbestos may be released into the air.

The immediate use of a high-quality respirator is highly recommended.

## WARRANTY

LGS warrants that, for a period of one (1) year after the date of shipment by LGS, the Products will be free from defects in materials and workmanship under normal use. Replacement Products will be warranted for the remainder of the original warranty period or ninety (90) days, whichever is longer. LGS warrants the soft goods for a period of ninety (90) days. Supplies purchased are subject to the manufacturers warranty.

\* See Terms and Conditions for complete warranty information.

## UNPACKING & INSTALLATION

- The wood exterior is flat-packed on top of the unit and may have mitered corners. Please carefully remove the wood before moving the LifeGuard. Please use caution when working with the side and top panels so you do not damage the corners or edges.



- The LifeGuard can be moved by tipping the unit up and placing a standard four wheel furniture dolly underneath. The desk is heavy so make sure you have enough help. READ WARNING BELOW. Hold the dolly in place and GENTLY lower the desk. Do the reverse to place the desk.

- The side and top panels are best installed with two people. If your padding does not have grommet holes for the panel screws, remove the padding inside to expose the screw holes.
- Each panel will have a location label identified by name. If there is a right or left, it will be to the right or left of the single entry point. If it does not specify right or left, then the panels are interchangeable.
- Line up the larger front and rear panels first and attach with screws through the holes. Line up the side panels second and attach through the holes. Do not fully tighten the screws until all of the side panels are in place and the top is on.
- The screw holes allow for minor adjustments in the panels.



**WARNING: CRUSHING HAZARD**  
NEVER ALLOW ANY PART OF YOUR BODY TO BE UNDER THE UNIT. DO NOT ALLOW HANDS OR FEET TO BE IN A POSITION WHERE THE UNIT CAN FALL, PINCH OR REST ON THEM.



Never attempt to move the LifeGuard using the desktop as a handle. The screws inserts are NOT strong enough to allow the unit to hang from them. In the future, if the LifeGuard will be tipped up to be moved, we recommend you remove the side panels to prevent damage. If sliding around the office or room, grasp the side panels and press them into the unit to move (compression with little to no lateral pull). Do not pull the sides or the top to slide the unit around or damage may occur.

## UNPACKING & INSTALLATION CONTINUED

- When the side panels are in place, install the top.
- Adjust all panels for best fit before gently tightening the screws. **DO NOT OVER-TIGHTEN THE SCREWS.** This could pull the screw insert out of the panel.



- To install the (optional) drawer boxes, hook two of the four steel hook/slides to the bottom of drawer opening facing inward. Place the other two on top of the drawer box. Slide the drawer box into place and screw into place from the inside using the four screws.
- When all the panels and (optional) drawer boxes are in place, replace the padding. Place padding on the back of the drawer box.



Do not store or place ANY extra items inside this desk, as this could hinder, slow, or deny a person access to the LifeGuard, greatly compromising safety and intended use.

This device is intended to hold (1) person or the number of persons identified on the unit. Safety and survival may be diminished by exceeding designated capacity.

## PREPARING THE STORAGE WEDGE

- The storage wedge is for storing the emergency supplies you purchased.
- The storage wedge is part of the padding system so it is important to pack it properly.
- Begin by placing the hard food bars at the lower rear portion of the wedge. Place any other hard objects low and in the rear.
- The water packets are placed over the top of these items for added padding.
- Fill the remaining space in the wedge with other items such as prescriptions, other foods, other drinks, a blanket and if space allows, a pillow. Keep the softest items on top.
- Make sure to have the mask and a glow stick readily available near the top in case of emergency.
- Prepare a “Before Emergency Checklist”. (See our Website or FEMA’s)
- Prepare an “After Emergency Checklist”.



Think carefully about the contents of your wedge. This wedge will contribute to the protection of your spine and neck. Do not place sharp, pointy or dangerous objects in the wedge since they could injure you during a fall.

# EMERGENCY PROCEDURES

## CHECK THE EXPIRATION DATES

Be sure to check the dates on your supplies and medications that you include in the LifeGuard.

## REPLACEMENT PARTS

Replacement parts are available by calling 800-343-1991.

## LOCATION REGISTRATION

Call to register for Location Registration. Once you register with us we will monitor earthquake activity in your area.

If we determine that your structure has been severely damaged or has collapsed, we will attempt to contact you. If necessary, we will pro-actively provide your details to search-and-rescue officials and follow up on your well being.

## EMERGENCY PROCEDURES

When the earthquake begins, do your best to stay calm.

1. Get inside your LifeGuard with your head toward the padded wedge.
2. Lie down flat on the padded floor facing upward and hold the padded handles.
3. Place the mask over your nose and mouth.
4. Wait for the earthquake to stop.
5. If your building collapsed, remain calm and keep your mask on until a time when the dust has completely settled.
6. Activate emergency lighting and review your emergency checklist.
7. Remember you have food, water, medical supplies, signaling devices and other items inside the storage wedge under your back and head.
8. LifeGuard will notify search-and-rescue of your name and the exact location that you used in Location Registration with LifeGuard.

\* After the shaking stops it is a personal decision based on all the available information you have at the time whether or not to stay safely in your LifeGuard. Depending on the circumstances, remaining in the LifeGuard may be the safest plan.

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